

CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



SANITISE IT

Use a hand gel Sanitiser at least every 3 hours each day, if you do not have one, please ask HR Team.



KILL IT

Hands can transfer germs to every surface you touch. Keep your hands clean with sanitiser.

