



CORONAVIRUS GOT SYMPTOMS?

If you have been told to self-isolate, or if you or anyone in your household has recent onset of any of the following symptoms:

- a high temperature;
- a loss of, or change in normal sense of smell or taste (anosmia); or
- a new and continuous cough even if it's mild.

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Head straight home and avoid public transport if possible. Once home, follow the self-isolation advice on **nhs.uk/coronavirus** and check your symptoms via the **111** online coronavirus service – follow the specialist medical advice and find out how to get tested.

Only call **111** if you can't get online, you've been instructed to, or your symptoms worsen.

