

✓ Healthcare Professional Checklist



- Was the patient's condition checked prior to the patient visit? (via pre-appointment questionnaire / Telephone interview / virtual consultation)
- Upon arrival, did the patient perform appropriate hygiene activities? (e.g. hand sanitizing)
- Does the facility have appropriate social distancing measures? (1~2 meters distancing)



- Did the practitioner explain the treatment and the product to be used for the procedure?
- Are the Practitioners equipped with qualified Personal Protective Equipment (PPE)?
- Have the treatment rooms and equipment been decontaminated before and after each use?



- Did the practitioner explain precautions to be taken after the procedure?
- Did the practitioner explain precautions for COVID-19 prevention to the patient?
- Is the patient's condition monitored regularly?

* Note: The above are recommendations to assist the practitioners avoid COVID19 related incidents during their practice. We suggest to follow the existing local COVID19 safety guidelines first. If you have any complications, please contact the professional that treated you.



For Your Safe Treatment

✓ Important tips before your procedure



- Avoid heavy make-up to improve precision.



- Inform your physician if you are on any medications or have experienced any allergic reactions to certain drugs or other medical procedures.



- A local anesthetic may be needed to control pain during the procedure.



- Avoid alcoholic beverages, anti-inflammatory drugs, anticoagulants, and metabolism boosting products before and after the treatment.

✓ Post-procedure cautions



- Avoid wearing make-up for 12 hours post procedure.



- Avoid UV rays, UV gels or sauna / hot steam rooms for two weeks.



- Avoid cosmetic procedures such as laser and / or peeling therapies for two weeks.



- Avoid massaging and putting pressure on the treated area for four weeks.



- Follow-up procedures may be needed after the initial procedure. Consult with physician.

COVID-19 Precautions



- Wash hands with soap and running water for 30 seconds.
- Use hand sanitizers that contain at least 60% alcohol.
- Avoid touching the treated area, especially with unwashed hands.



- Wear a facemask before and after the procedure. Make sure the mask does not touch or pressure the treated facial area.
- Change your facemask if it becomes wet or contaminated to prevent unexpected skin troubles.
- Cover your mouth and nose with the inner / bending area of your elbow if you need to cough or sneeze.



- Keep a social distance of at least 1m from others.
* Distance may vary depending on your country of residence please follow local government guidelines.
- Consult with a physician if you have a fever, coughs or difficulty breathing before and after the procedure.
- Please refrain from showing your beautiful face to others.
* Avoid social gatherings 😊