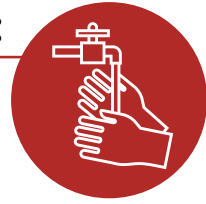


COVID-19: Return to Clinic Best Practice

Employee Guidance

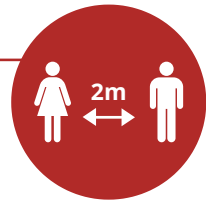
Wash hands with antibacterial soap for 20 seconds when:

- ✓ Entering and leaving the clinic
- ✓ In-between appointments and any patient contact
- ✓ Coughing, sneezing, using tissues
- ✓ After any contact with respiratory secretions
- ✓ After contact with contaminated objects or surfaces
- ✓ After touching non-sterilised surfaces
- ✓ After the removal of PPE



Social Distancing

- ✓ Be aware of your surroundings and maintain a 2 metre distance where possible
- ✓ If you are unable to maintain a 2 metre distance with other staff and patients, wear a high standard Fluid Resistant Surgical Face Mask (Type IIR)
- ✓ Avoid working face-to-face with your employees and work side-by-side or facing away from each other where possible



Disinfection of Uniform

- ✓ Upon arrival to work, change into work uniforms on site using appropriate facilities/changing areas
- ✓ At the end of your shift, wash your hands and place your uniform and shoes in a designated storage bag
- ✓ Wash your uniform on a daily basis separately from other household linen at a temperature exceeding 60°C



Personal Protective Equipment

- ✓ Ensure your PPE is well fitted at all times securing any air gaps
- ✓ Safely dispose used PPE in the appropriate disposal bins

